

## Maria Murphy BSc Nursing (General)

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**Profile:** A recently qualified registered nurse with previous community experience and a strong commitment to providing quality care in the community. I am keen to undertake my first post as a qualified nurse in a Primary Health Care Team.

**Clinical Experience**     *Oct 2008 South Tipperary General Hospital, Clonmel, Co Tipperary*

Undergraduate Clinical Placement in Outpatients

This 6 week placement consisted of the assessment and treatment/management of the patient with a primarily musculoskeletal complaint. In this setting, a strong emphasis was put on a hands-off, holistic approach, encouraging an eventual goal of patient self management.

- Attained good levels of independent learning
- Managed time effectively in all sessions
- Demonstrated safe and appropriate practice with a confident ability to link theory and practice

*June 2008 Mayo General Hospital, Castlebar, Co Mayo*

Undergraduate Clinical Placement in Orthopaedics

This 6 week placement consisted of assessment and treatment of acute and traumatic orthopaedic patients as well as elective patients for primarily hemiarthroplasty and arthroplasty of hip and knee.

- Accomplished interventions to meet patient specific needs
- Began to fully grasp the concept of clinical reasoning and integrate it into practice
- Exhibited confidence in presenting seminar to a Physiotherapy department
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*August 2007 St Gabriel's School, Dooradoyle Co Limerick*

Undergraduate Clinical Placement in Paediatrics

This 6 week placement involved the assessment and treatment/management of a variety of paediatric clients. The conditions encountered were Cerebral Palsy, Muscular Dystrophy, Retts Syndrome and learning disability.

- Demonstrated evidence based practice through assessment and management of paediatric conditions
- Sought out opportunities for practice and learning in a multi-disciplinary team

Achieved ability to formulate a problem list and treatment plan with good justification

June 2007 Primary and Continuing Care, Victoria Hospital, Cork City

Undergraduate Clinical Placement in Outpatients

This 4 week placement involved the assessment and treatment/management of a wide range of musculoskeletal conditions in both the general population and the amateur sporting population.

- Demonstrated good ability to carry out a comprehensive assessment and interpret findings appropriately
- Acknowledged the personal rights, dignity and patient individual rights during their care
- Provided good notation of clinical reasoning in all documentation

**Education**

2006-current date: University of Limerick.

B.Sc. Nursing (General)

Include relevant modules, project titles and details if relevant.

2000-2006: St Anne's Secondary School, Limerick City

Leaving Certificate *5000 points* including *A1 in Biology*

**Skills**

Flexible and eager to learn new skills I have undertaken further training to enhance my professional clinical skills and expertise:

- Designed and implemented a recording system for screening patients over 75 years of age.
- Completion of CPR course in 2006 as recognised by the Irish Red Cross

Communication Skills: Excellent verbal and written communication skills developed through my degree in Nursing. Took a module in Communication and in Human Behaviour. Also, gave weekly presentations to peers as part of continuous assessment.

IT skills: Proficient in Microsoft Office and use of internet for research purposes.

Driving skills: Full, clean, Irish driving license.

**Other Information**

Currently chairperson of the Health Society in the University of Limerick. I enjoy creating events for others and encouraging interest in health promotion on campus in UL.

I enjoy running, and used to be a member of Limerick athletics club when I was in school. Since leaving school, I have kept up running as a hobby, and enter the mini-marathon every year.

**References**

*References are available on request.*

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